

“IS THIS THING ON?”



AskAbbyStokes.com

JOB SEEKER ONLINE RESOURCES

Job Search Sites:

LinkedIn
CareerBuilder
Craigslist
Facebook
JobFox
Jobster
Monster
Net-Temps
SimplyHired
WorkStir

Resources and Advice:

Department of Labor [Employment & Training Administration](#): The DOL's first resource for those laid off, it outlines ways to get benefits, provides fact sheets, and gives you contact information for your state. It's a good resource.

Department of Labor [Health and Retirement Benefits Toolkit](#): Another U.S. government website, this is the DoL's job loss toolkit. It has fact sheets and publications on COBRA, pensions, and more.

Use eHow, Google, and About to ask:

- [How to Cope With Getting Laid Off](#)
- [How to Help an Unemployed Spouse or Partner](#)
- [How to Get Health Insurance When Laid Off](#)

A great link for more information:

<http://mashable.com/2009/02/24/top-10-social-sites-for-finding-a-job/>

(scroll to the bottom of the article for links to more information)